

SURNAME:		GIVEN NAME:		DATE: MM DD YY				
SEX: <input type="checkbox"/> Male <input type="checkbox"/> Female		MARITAL STATUS: <input type="checkbox"/> Never Married <input type="checkbox"/> Married <input type="checkbox"/> Widowed <input type="checkbox"/> Divorced <input type="checkbox"/> Separated		AGE: []		OCCUPATION: (N/A = Not Applicable) <input type="checkbox"/> Employed <input type="checkbox"/> Unemployed <input type="checkbox"/> Retired <input type="checkbox"/> Homemaker <input type="checkbox"/> Student <input type="checkbox"/> Disabled		
		RESIDENTIAL STATUS: <input type="checkbox"/> In Other Institution		<input type="checkbox"/> In Hospital <input type="checkbox"/> At Home				

PLEASE RATE YOUR LIFE IN THE PAST 7 DAYS

Vigorous Physical Exercise 1 Sweaty vigorous exercise (e.g., running, biking, tennis, hiking, or swimming) 0 A lot (3 hrs / wk of vigorous exercise) 1 Some (1 hr / wk of vigorous exercise) 2 Little (less than 1 hr/wk of vigorous exercise)	Mobility 2 Problems walking about 0 None or little 1 Some (OR needs action but not immediately) 2 A lot (confined to bed OR needs immediate action)	Pain or Discomfort 3 Physical pain or discomfort 0 None or little 1 Some (OR needs action but not immediately) 2 A lot (OR needs immediate action)
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Fatigue 4 Feeling tired or having little energy 0 None or little 1 Some (OR needs action but not immediately) 2 A lot (OR needs immediate action)	Sleeping Problem 5 Sleeping much more or less than usual 0 None or little 1 Some (OR needs action but not immediately) 2 A lot (OR needs immediate action)	Appetite or Eating Problem 6 Eating much more or less than usual 0 None or little 1 Some (OR needs action but not immediately) 2 A lot (OR needs immediate action)
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Sexual Problems 7 E.g., uninterested in sex; unable to reach normal orgasm; painful sex 0 None or little <input type="checkbox"/> OR N/A 1 Some (OR needs action but not immediately) 2 A lot (prevents sex)	Seeing or Hearing Problems 8 E.g., blindness, deafness 0 None or little 1 Some (OR needs action but not immediately) 2 A lot (OR needs immediate action)	Overall Physical Health 9 Extent to which physical health problems interfere with usual activities 0 None or little 1 Some (OR needs action but not immediately) 2 A lot (OR needs immediate action)
(Please leave the subtotal boxes empty)		Items 1-9 Subtotal: <input type="text"/>

Family Problems 10 Problems with family or relatives 0 None or little (supportive family & relatives) <input type="checkbox"/> OR N/A 1 Some (little contact OR some conflict) 2 A lot (no contact OR chaotic / dysfunctional relationship)	Friendship Problems 11 Problems with friendships or conflict with peers 0 None or little 1 Some (few close friends OR some peer conflict) 2 A lot (has no close friends OR severe peer conflict)	Mistrust 12 Mistrust of people in general 0 None or little 1 Some (OR needs action but not immediately) 2 A lot (OR needs immediate action)
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Dependent Behavior 13 Over-reliance on others to meet emotional and physical needs 0 None or little 1 Some (OR needs action but not immediately) 2 A lot (OR needs immediate action)	Educational Problems 14 E.g., academic problems (when compared to peers); conflict with teachers or classmates 0 None or little <input type="checkbox"/> OR N/A 1 Some (OR grades dropping or absenteeism) 2 A lot (failing, dropped out OR needs immediate action)	Occupational Problems 15 E.g., unemployment; job dissatisfaction; poor job performance; social conflict at work 0 None or little <input type="checkbox"/> OR N/A 3 Some (OR works less than 8 hr/wk) 6 A lot (unemployed OR needs immediate action)
Items 10-13 Subtotal: <input type="text"/>		

Housekeeping Problems 16 E.g., problems cleaning, cooking, doing laundry, grocery shopping 0 None or little <input type="checkbox"/> OR N/A 3 Some (OR needs action but not immediately) 6 A lot (not housekeeping OR needs immediate action)	Economic Problems 17 E.g., inadequate finances; over-spending; reliant on government financial assistance 0 None or little <input type="checkbox"/> OR N/A 3 Some (OR on financial assistance) 6 A lot (destitute OR needs immediate action)	Housing Problems 18 E.g., homelessness; inadequate housing; conflict with neighbors or landlord 0 None or little 1 Some (OR needs action but not immediately) 2 A lot (homeless OR needs immediate action)
		Items 14-18 Subtotal: <input type="text"/>

Reckless Thrill-Seeking 19 Reckless thrill-seeking showing no regard for danger or consequences (e.g., gambling, sports) 0 None or little 1 Some (OR needs action but not immediately) 2 A lot (OR needs immediate action)	Disrespect For The Law 20 Disrespect for normal law-abiding behavior 0 None or little 1 Some (OR needs action but not immediately) 2 A lot (OR needs immediate action)	Physical Violence 21 Physical violence towards others (e.g., physical assault or property damage) 0 None or little 1 Some (OR needs action but not immediately) 2 A lot (OR needs immediate action)
		Items 19-21 Subtotal: <input type="text"/>

Smoking 22 Nicotine use (e.g., cigarettes, cigars, pipes) 0 None <input type="checkbox"/> OR N/A 1 Some (but not chain smoking) 2 A lot (chain smoking)	Alcohol Abuse 23 Alcohol use causing harm to self or others 0 None or little <input type="checkbox"/> OR N/A 1 Some (OR needs action but not immediately) 2 A lot (OR needs immediate action)	Drug or Medication Abuse 24 Drug use causing harm to self or others 0 None or little <input type="checkbox"/> OR N/A 1 Some (OR needs action but not immediately) 2 A lot (OR needs immediate action)
		Items 22-24 Subtotal: <input type="text"/>

(There Is More ...)

Agoraphobia 25	Specific Phobia 26	Panic Attacks 27
Avoiding multiple feared situations (bridges, shops, crowds) which cause panic-like symptoms	Unreasonable fear or panic DUE TO a specific situation (e.g., flying, heights)	Sudden, brief attacks of intense, unreasonable fear or panic NOT DUE TO a specific situation
0 None or little	0 None or little	0 None or little
3 Some (OR needs action but not immediately)	1 Some (OR needs action but not immediately)	1 Some (OR needs action but not immediately)
6 A lot (OR needs immediate action)	2 A lot (OR needs immediate action)	2 A lot (OR needs immediate action)

Obsessions or Compulsions 28	Depressed Mood 29	Anxiety 30
Unwanted obsessive thoughts or compulsive rituals DUE TO unreasonable fear or panic	Frequent, persistent, and intense feelings of being down, depressed, sad, or hopeless	Frequent, persistent, and intense feelings of being nervous, tense, or on edge
0 None or little	0 None or little	0 None or little
1 Some (OR needs action but not immediately)	1 Some (OR needs action but not immediately)	1 Some (OR needs action but not immediately)
2 A lot (OR needs immediate action)	2 A lot (OR needs immediate action)	2 A lot (OR needs immediate action)
Items 25-28 Subtotal: <input type="text"/>		

Anger 31	Guilt or Shame 32	Self-Harm 33
Irritability, hot temperedness; responding angrily to minor slights and insults	Frequent, persistent, and intense feelings of guilt or shame	Suicidal thoughts OR risk of harming self by self-injury or severe self-neglect
0 None or little	0 None or little	0 None or little
1 Some (OR needs action but not immediately)	1 Some (OR needs action but not immediately)	3 Some (ideation but suicide isn't imminent)
2 A lot (OR needs immediate action)	2 A lot (OR needs immediate action)	6 A lot (plan or gesture OR suicide is imminent)
Items 29-33 Subtotal: <input type="text"/>		

Elated Mood 34	Over-Talkative or Racing Speech 35	Hyperactivity 36
Feeling so happy or excited that it causes problems	Overly talkative or speech races from topic to topic	Excessive movement (e.g., can't sit still; excessive pacing or hand-wringing)
0 None or little	0 None or little	0 None or little
1 Some (OR needs action but not immediately)	1 Some (OR needs action but not immediately)	1 Some (OR needs action but not immediately)
2 A lot (OR needs immediate action)	2 A lot (OR needs immediate action)	2 A lot (OR needs immediate action)
Items 34-35 Subtotal: <input type="text"/>		Item 36: <input type="text"/>

Grandiosity 37	Delusions or Hallucinations 38	Disorganized Speech or Behavior 39
Bizarrely inflated appraisal of one's worth, power, knowledge, importance, or identity	Bizarre false beliefs or perceptual distortions (e.g., having imaginary voices, visions, or smells)	Bizarrely illogical or disorganized behavior or speech (e.g., bizarre posturing, illogical speech)
0 None or little	0 None or little	0 None or little
1 Some (OR needs action but not immediately)	3 Some (OR needs action but not immediately)	3 Some (OR needs action but not immediately)
2 A lot (OR needs immediate action)	6 A lot (OR needs immediate action)	6 A lot (OR needs immediate action)
Items 37-39 Subtotal: <input type="text"/>		

Inattentiveness 40	Loss of Pleasure and Motivation 41	Forgetfulness 42
Difficulty concentrating and focusing on tasks; attention easily diverted by extraneous stimuli	Inability to feel pleasure or take interest in things; lack of motivation to do expected tasks	Difficulty learning new things; forgetting to take medications; forgetting to keep appointments
0 None or little	0 None or little	0 None or little
1 Some (OR needs action but not immediately)	1 Some (OR needs action but not immediately)	3 Some (OR needs action but not immediately)
2 A lot (OR needs immediate action)	2 A lot (OR needs immediate action)	6 A lot (OR needs immediate action)

Impaired Executive Functioning 43	Impaired Social Communication 44	Autistic Behavior 45
Impaired judgment, planning, or problem-solving; lack of creativity or curiosity	Marked deficits in social communication (e.g., failure to initiate or maintain conversation)	Repetitive movements of objects; interest fixated on a few things; inflexible adherence to routines
0 None or little	0 None or little	0 None or little
3 Some (OR needs action but not immediately)	3 Some (OR needs action but not immediately)	3 Some (OR needs action but not immediately)
6 A lot (OR needs immediate action)	6 A lot (OR needs immediate action)	6 A lot (OR needs immediate action)

Self-Care 46	Psychomotor Slowing 47	Confusion 48
Difficulty with washing or dressing self	Thinking, speaking, or moving so slowly that it was noticeable to others	Gets lost near home, doesn't know the year, or not awake enough to drive a car etc.
0 None or little	0 None or little	0 None or little
3 Some (OR needs action but not immediately)	3 Some (OR needs action but not immediately)	3 Some (disoriented/ confused)
6 A lot (can't do self-care OR needs immediate action)	6 A lot (OR needs immediate action)	6 A lot (in a stupor or coma OR needs immediate action)
Items 40-48 Subtotal: <input type="text"/>		

Need for Institutional Care 49	Insight 50	Usual Activities 51
E.g., needs residential care (e.g., nursing home, group home) or hospitalization	Difficulty with understanding and wanting to change one's own personal problems	Difficulty with work (job/study/housework), love (family and friends) and play (leisure activities)
0 Is not in residential or hospital care	0 None or little	0 None or little
3 Is in (non-hospital) residential care	3 Some (OR needs action but not immediately)	3 Some (OR needs action but not immediately)
6 Is in hospital OR was recently discharged	6 A lot (OR needs immediate action)	6 A lot (OR needs immediate action)
Item 49: <input type="text"/>	Item 50: <input type="text"/>	Item 51: <input type="text"/>

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Alternative A

PLEASE RATE YOUR LIFE IN THE PAST 7 DAYS

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Low Self-Esteem 52	Pessimism 53	Loneliness 54
Having a poor opinion of one's self and abilities; believing that one is worthless or useless	Having a negative outlook on life; expecting the worst outcome	Lacking relatives or friends one can count on for help in times of trouble; lacking companions
0 None or little	0 None or little	0 None or little
1 Some (OR needs action but not immediately)	1 Some (OR needs action but not immediately)	1 Some (OR needs action but not immediately)
2 A lot (OR needs immediate action)	2 A lot (OR needs immediate action)	2 A lot (OR needs immediate action)

Separation Anxiety 55	Submissiveness 56	Difficulty Handling Conflict 57
Fear of abandonment; fear of rejection by, or separation from, significant others	Humble obedience and unassertiveness; frequent advice and reassurance seeking	Difficulty handling conflict with others
0 None or little	0 None or little	0 None or little
1 Some (OR needs action but not immediately)	1 Some (OR needs action but not immediately)	1 Some (OR needs action but not immediately)
2 A lot (OR needs immediate action)	2 A lot (OR needs immediate action)	2 A lot (OR needs immediate action)

Social Withdrawal 58	Social Detachment 59	Lack of Emotion 60
Preference for being alone; avoidance of close relationships and intimate sexual relationships	Indifference to local and world affairs; disinterest in social contacts and activities	Being unemotional, even in normally emotionally arousing situations
0 None or little	0 None or little	0 None or little
1 Some (OR needs action but not immediately)	1 Some (OR needs action but not immediately)	1 Some (OR needs action but not immediately)
2 A lot (OR needs immediate action)	2 A lot (OR needs immediate action)	2 A lot (OR needs immediate action)

Perfectionism 61	Over-working 62	Rigidity 63
Insistence on everything being flawless; holding self and others to unrealistically high standards	Spending excessive time working (not required by economic necessity)	Insistence on an unchanging routine; excessive orderliness; complete refusal to take any risks
0 None or little	0 None or little	0 None or little
1 Some (OR needs action but not immediately)	1 Some (OR needs action but not immediately)	1 Some (OR needs action but not immediately)
2 A lot (OR needs immediate action)	2 A lot (OR needs immediate action)	2 A lot (OR needs immediate action)

Attention-Seeking 64	Promiscuity 65	Impulsivity 66
Trying to be the center of attention; being overly dramatic or flamboyant	Having casual sex ("one night stands") OR having an intense desire for illicit sex	Acting suddenly or rashly without a plan or consideration of the consequences
0 None or little	0 None or little	0 None or little
1 Some (OR needs action but not immediately)	1 Some (OR needs action but not immediately)	1 Some (OR needs action but not immediately)
2 A lot (OR needs immediate action)	2 A lot (OR needs immediate action)	2 A lot (OR needs immediate action)

Emotional Instability 67	Identity Confusion 68	Social Instability 69
Over-reacting to events with rapidly changing, intense, unpredictable emotions	Not knowing "who-am-I?" and "where-am-I-going?"; lacking meaning & purpose in life	Unstable and stormy social life; frequently going from one social crisis to another
0 None or little	0 None or little	0 None or little
1 Some (OR needs action but not immediately)	1 Some (OR needs action but not immediately)	1 Some (OR needs action but not immediately)
2 A lot (OR needs immediate action)	2 A lot (OR needs immediate action)	2 A lot (OR needs immediate action)

Suspiciousness 70	Bearing Grudges 71	Feeling Victimized 72
Doubting the loyalty of significant others (e.g., family, friends)	Not forgiving someone's mistake; seeking revenge	Feeling exploited by someone; feeling abused or persecuted; feeling envious or jealous
0 None or little	0 None or little	0 None or little
1 Some (OR needs action but not immediately)	1 Some (OR needs action but not immediately)	1 Some (OR needs action but not immediately)
2 A lot (OR needs immediate action)	2 A lot (OR needs immediate action)	2 A lot (OR needs immediate action)

Arrogance 73	Manipulativeness & Greed 74	Callousness 75
Being boastful or excessively proud; offensive display of superiority or self-importance	Exploiting, conning or otherwise taking unfair advantage of others; selfish lack of generosity	Lack of guilt or remorse about causing others harm; indifference to the suffering of others
0 None or little	0 None or little	0 None or little
1 Some (OR needs action but not immediately)	1 Some (OR needs action but not immediately)	1 Some (OR needs action but not immediately)
2 A lot (OR needs immediate action)	2 A lot (OR needs immediate action)	2 A lot (OR needs immediate action)

Aggression 76	Irresponsibility 77	Dishonesty 78
Humiliating, intimidating or hurting others; displaying defiance by refusing to cooperate	Being unreliable, careless; refusing to accept blame; ignoring correction; not making amends	Lying, stealing, cheating
0 None or little	0 None or little	0 None or little
1 Some (OR needs action but not immediately)	1 Some (OR needs action but not immediately)	1 Some (OR needs action but not immediately)
2 A lot (OR needs immediate action)	2 A lot (OR needs immediate action)	2 A lot (OR needs immediate action)

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Alternative B

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PLEASE RATE YOUR LIFE IN THE PAST 7 DAYS

Self-Esteem 52	Optimism 53	Social Support 54
Having a good opinion of one's self and abilities; feeling capable and of worth	Having a positive outlook on life; expecting a good outcome; hopeful	Having relatives or friends one can count on for help in times of trouble; having companions
0 No or little difficulty	0 No or little difficulty	0 No or little difficulty
1 Some difficulty (OR needs action but not immediately)	1 Some difficulty (OR needs action but not immediately)	1 Some difficulty (OR needs action but not immediately)
2 A lot of difficulty (OR needs immediate action)	2 A lot of difficulty (OR needs immediate action)	2 A lot of difficulty (OR needs immediate action)

Independence 55	Assertiveness 56	Peacemaking 57
Not fearing rejection, being alone, or being temporarily separated from loved ones	Being confident and direct in claiming one's rights or putting forward one's views	Skillfully preventing (or handling) conflict within a group or family
0 No or little difficulty	0 No or little difficulty	0 No or little difficulty
1 Some difficulty (OR needs action but not immediately)	1 Some difficulty (OR needs action but not immediately)	1 Some difficulty (OR needs action but not immediately)
2 A lot of difficulty (OR needs immediate action)	2 A lot of difficulty (OR needs immediate action)	2 A lot of difficulty (OR needs immediate action)

Gregariousness 58	Social Engagement 59	Demonstrativeness 60
Enjoying being with people; wanting close relationships and intimate sexual relationships	Being interested in local and world affairs, and keeping in contact with friends & social activities	Expressing one's feelings easily, openly or unreservedly (especially love or affection)
0 No or little difficulty	0 No or little difficulty	0 No or little difficulty
1 Some difficulty (OR needs action but not immediately)	1 Some difficulty (OR needs action but not immediately)	1 Some difficulty (OR needs action but not immediately)
2 A lot of difficulty (OR needs immediate action)	2 A lot of difficulty (OR needs immediate action)	2 A lot of difficulty (OR needs immediate action)

Moderation 61	Recreation 62	Flexibility 63
Setting realistic goals; accepting "good enough" rather than demanding perfection	If working, setting aside sufficient time for recreation	Willingness to try new things; ability to tolerate normal disorder; taking reasonable risks
0 No or little difficulty	0 No or little difficulty	0 No or little difficulty
1 Some difficulty (OR needs action but not immediately)	1 Some difficulty (OR needs action but not immediately)	1 Some difficulty (OR needs action but not immediately)
2 A lot of difficulty (OR needs immediate action)	2 A lot of difficulty (OR needs immediate action)	2 A lot of difficulty (OR needs immediate action)

Genuineness 64	Chastity 65	Caution 66
Being genuine (not overly dramatic or attention-seeking)	Avoidance of casual sex ("one night stands") AND absence of intense desire for illicit sex	Thinking carefully before acting or speaking; being cautious
0 No or little difficulty	0 No or little difficulty	0 No or little difficulty
1 Some difficulty (OR needs action but not immediately)	1 Some difficulty (OR needs action but not immediately)	1 Some difficulty (OR needs action but not immediately)
2 A lot of difficulty (OR needs immediate action)	2 A lot of difficulty (OR needs immediate action)	2 A lot of difficulty (OR needs immediate action)

Emotional Stability 67	Identity Certainty 68	Social Stability 69
Having a stable and predictable mood	Being certain about "who-am-I" and "where-am-I-going-in-life"; having meaning & purpose to life	Having a stable and peaceful social life
0 No or little difficulty	0 No or little difficulty	0 No or little difficulty
1 Some difficulty (OR needs action but not immediately)	1 Some difficulty (OR needs action but not immediately)	1 Some difficulty (OR needs action but not immediately)
2 A lot of difficulty (OR needs immediate action)	2 A lot of difficulty (OR needs immediate action)	2 A lot of difficulty (OR needs immediate action)

Trust 70	Forgiveness 71	Gratitude 72
Trusting the loyalty and fidelity of significant others (e.g., family, friends)	Forgiving other peoples' mistakes; not bearing grudges or seeking revenge	Being thankful for the good things in life; expressing thanks to others
0 No or little difficulty	0 No or little difficulty	0 No or little difficulty
1 Some difficulty (OR needs action but not immediately)	1 Some difficulty (OR needs action but not immediately)	1 Some difficulty (OR needs action but not immediately)
2 A lot of difficulty (OR needs immediate action)	2 A lot of difficulty (OR needs immediate action)	2 A lot of difficulty (OR needs immediate action)

Humility 73	Cooperation & Generosity 74	Compassion 75
Being humble (not arrogant, boastful or excessively proud)	Cooperating with others and doing a fair share of the work; unselfishly helping others	Being sensitive to other people's feelings, and wanting to relieve their suffering
0 No or little difficulty	0 No or little difficulty	0 No or little difficulty
1 Some difficulty (OR needs action but not immediately)	1 Some difficulty (OR needs action but not immediately)	1 Some difficulty (OR needs action but not immediately)
2 A lot of difficulty (OR needs immediate action)	2 A lot of difficulty (OR needs immediate action)	2 A lot of difficulty (OR needs immediate action)

Respect 76	Responsibility 77	Honesty 78
Treating others with respect and making them feel appreciated	Being reliable and careful; being able to accept blame, heed correction and make amends	Not lying, stealing or cheating
0 No or little difficulty	0 No or little difficulty	0 No or little difficulty
1 Some difficulty (OR needs action but not immediately)	1 Some difficulty (OR needs action but not immediately)	1 Some difficulty (OR needs action but not immediately)
2 A lot of difficulty (OR needs immediate action)	2 A lot of difficulty (OR needs immediate action)	2 A lot of difficulty (OR needs immediate action)

